



PROFESSIONAL TRAINER'S Profile

# Dr. Asha Karan

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**Clinic** : Smile Makers Dental Clinic  
**Address** : #09-26 Novena Medical Center at Square 2  
10 Sinaran Drive (above Novena MRT)  
Singapore 307506  
**Telephone** : 6 39 727 39  
**Email** : dr.asha@smilemakers.com.sg  
**Website** : www.smilemakers.com.sg/healthtalks.htm

**Dr. Asha is a dentist of more than 20 years' experience. She has her own dental practice, Smile Makers Dental Clinic.**

She is a fervent believer in health education. This belief led her to be President of the Singapore Dental Health Foundation – an organisation dedicated to public education and health promotion. She led this organisation for no less than 13 years.

Her other professional achievements include holding several positions in the Singapore Dental Association. Indeed her many contributions to the dental profession earned her a place in the Singapore Dental Association's select Roll of Honour.

Dr. Asha is an experienced public speaker and has been interviewed on TV and radio. She is known for her engaging and authoritative speaking ability.

Dr. Asha's passion is

- changing people's attitude to dental care
- empowering people to take control of their own health

This professional Smile Maker is available for corporate wellness seminars or talks.

### What People Say about Dr. Asha...

We have conducted several other health related programmes previously and I should say that Dr Asha's session was superb.

Dr Asha was very precise, concise and clear in the way she delivered the presentation. Most of my attendees came back to me and mentioned that the talk was a real eye opener on how to maintain our teeth for life! It may be a simple message, but many of us either are not aware or have neglected the issue without realizing the damage and complications that may arise.

**Wiwin Ong**  
**Human Resources Manager**  
**SHERATON TOWERS SINGAPORE**

Dr. Asha delivered a topic that was unfamiliar to the general audience. She drew wonderful analogies to convey the importance of having healthy gums and teeth. Her interactive approach managed to enlighten us about the importance of proper dental care.

**Bobo Tan**  
**SINGAPORE CIVIL DEFENCE FORCE**