



Genuine + Professional + Integrity

Karthickeyan

"Wellness for Wellbeing & Personal Appeal"



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Enrichment Facilitator [Education]

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The Speaker

Karthickeyan has had a deep love & appreciation for the fields of Personal Excellence, Wellness and Martial Arts, since his adolescence. He has been studying and experimenting with these fields for more than a decade now.

Karthickeyan is currently a private Enrichment Facilitator, striving to enrich the learning experience and study skills of students within our scholastic system. It's his first venture into self-employment. He also engages in athletics writing, philosophy, singing, FOREX trading and experimenting in his fields of passion in his free-time.

Karthickeyan's accidental foray into public speaking happened with an impromptu demonstration & explanation on the martial arts during a live Star TV Idol show. It was being broadcasted internationally. He has also participated in college level toastmasters workshops and competitions. He was cast as a leading actor in 2 educational dramas – teachers' aids, for the Ministry of Education.

His work in Social Service field, has reinforced his passion for social service, and has honed his skills in writing (corporate communications), events management, career counselling. On a personal level, he freelances in individual, family and student counselling & mentoring. He is also a Personal Trainer certified by the American Council of Exercise.

Karthickeyan desires to use Public Speaking as a tool of personal expression and as a way of coordinating & developing his skills & talents towards supporting social enrichment.

The Topic: "Wellness for Wellbeing & Personal Appeal"

A person, who guides or leads others in leading positive lives, has to be a role-model of such living as well. Wellness begins from within an individual, and personal wellness has a profound effect and vibe that radiates out to influence others.