



Association of Professional Trainers (Singapore)

Genuine + Professional + Integrity

# Dr. Asha Karan

## "Preparing a Power-Packed Presentation"

### Dr. Asha Karan

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**Dr. Asha is a dentist of more than 20 years' experience. She has her own dental practice, Smile Makers Dental Clinic.**

She is a fervent believer in health education.

This belief led her to be President of the Singapore Dental Health Foundation – an organisation dedicated to public education and health promotion. She led this organisation for no less than 13 years.

Her other professional achievements include holding several positions in the Singapore Dental Association. Indeed her many contributions to the dental profession earned her a place in the Singapore Dental Association's select Roll of Honour.

Dr. Asha is an experienced public speaker and has been interviewed on TV and radio. She is known for her engaging and authoritative speaking ability.

Dr. Asha's passion is

- changing people's attitude to dental care
- empowering people to take control of their own health

This professional Smile Maker is available for corporate wellness seminars or talks.

### What People Say about Dr. Asha...

We have conducted several other health related programmes previously and I should say that Dr Asha's session was superb.

Dr Asha was very precise, concise and clear in the way she delivered the presentation. Most of my attendees came back to me and mentioned that the talk was a real eye opener on how to maintain our teeth for life! It may be a simple message, but many of us either are not aware or have neglected the issue without realizing the damage and complications that may arise.

**Wiwin Ong**  
**Human Resources Manager**  
**SHERATON TOWERS SINGAPORE**

Dr. Asha delivered a topic that was unfamiliar to the general audience. She drew wonderful analogies to convey the importance of having healthy gums and teeth. Her interactive approach managed to enlighten us about the importance of proper dental care.

**Bobo Tan**  
**SINGAPORE CIVIL DEFENCE FORCE**

## WHAT DOES YOUR SMILE SAY ABOUT YOU?

One of the first things people notice about you is your smile.

In fact, according to a 2004 survey conducted by the American Academy of Cosmetic Dentistry (AACD), almost all adults consider an attractive smile to be an important social asset that makes a person appear more affluent, intelligent and of course, more appealing to the opposite sex.

In the same survey, three-quarters of adults felt an unattractive smile can hurt a person's chances for career success.

Fortunately, your smile -- and the image you portray -- can be greatly enhanced.

Dental Surgeon, Dr. Asha Karan, will discuss the ways in which smiles can be greatly improved and answer questions you may have.



Dr. Asha K. Karan, has been practising dentistry for more than 20 years. She graduated from the National University of Singapore, and holds a Diploma in General Dental Practice from the Royal College of Surgeons, UK. She is practises general dentistry at Smile Makers Dental Clinic.

Dr. Asha is an experienced speaker having made presentations at public health forums and at private organisations. She has also been interviewed on radio and TV. She is known for her engaging speaking style